



BASICS

Vegan Bircher / 12
served coconut crumb & poached pear
+ coyo / 2
+ labne / 2

Toast / 6
+ jam
+ peanut butter
+ vegemite

Kines Muesli / 13
puffed quinoa, puffed rice, roasted seeds & nuts,
dried figs, gojis
+ coyo / 2
+ soy / 0.5
+ almond milk co. / 1

House Creamed Corn / 12
with buttered soldiers & sage
(gf available)
+ arepa / 3
+ chilli / 2
+ greens / 4
+ fried egg / 2

SOMETHING MORE

(available all day)

Kim Chi Pancake / 15
with roasted sweet potato, pea tendrils & two paprika fried eggs with
smokey bbq & mayo
+ chilli / 2
+ toast / 1
+ avo / 3
+ arepa / 3

Sonido! Arepa / 18
with free range chilli scram, blistered cherry tomatoes, feta, greens
& spring onion oil
+ bacon / 4
+ pickled chilli / 2
+ fermented chilli / 2
+ avo / 3

Quinoa Bowl / 16
with sauteed tamari greens, roasted seeds & pea tendrils
+ chilli / 2
+ fried egg / 2
+ kim chi / 4
+ feta / 4

Noodles / 16
cold soba in avocado & sesame dressing with cherry tomatoes,
spring onion, cucumber, gamasio,
black sesame & baby spinach
+ chilli / 2
+ fried egg / 2
+ kim chi / 4

Avo Thing / 15
smashed avocado with soft feta, gamasio on spelt sourdough
+ arepa / 3
+ bacon / 4
+ free range egg scram / 4
+ fermented chilli / 2
+ mushrooms / 4

TAKE HOME

Sonido! arepas / 10

coffee beans
espresso / 18
filter / 20

kim chi / 10
beetroot pickle / 10
fermented chilli / 6
pickled chilli / 10
gamasio / 6
pickled fennel / 10
chutney / 8

EXTRAS / 4

+ free range bacon
+ free range egg
+ house made kim chi
+ house pickled
beetroot
+ wilted citrus greens
+ goat's cheese
+ arepa / 3
+ fried egg / 2
+ house fermented
chilli / 2

SOMETHING MORE

(continued)

Mushrooms / 16
Roasted wild mushrooms, goats cheese, balsamic
reduction, fennel dust
+ free range egg / 4
+ kim chi / 4
+ arepa / 3

O. G. Beet Sandwich / 14
grandma's pickled beetroot, wilted citrus greens, caramelised
nashi pear, goat's cheese, fresh radish on spelt sourdough
+ bacon / 4
+ free range egg scram / 4
+ kim chi / 4

Bacon Sandwich / 16
free range bacon, tomatoes, fresh greens, aioli,
fior di latte, balsamic caramelised onions on spelt sourdough
+ free range egg scram / 4
+ mushrooms / 4

COFFEE

Black / 4

White / 4
+ soy / 0.5
+ almond milk co. / 1

KIKI
double espresso with cold
cream or cold milk / 4.2

Filter / 4
(available on ice)

Ice coffee / 4

Toasties / 10
+ vegan cheese / 3
+ arepa (gf) / 2

Grandma's pickled beetroot & cheese
+ chilli / 2
+ bacon / 4

C.H.O.M.M
Ham, cheese, onion, mayo & mustard
+ chilli / 2

Pickled fennel, bacon, cheese & tomato

Egg, bacon & cheese
+ chutney / 1

Kimchi, smokey bbq, cheddar, feta & bacon / 14
+ chilli / 2
+ fried egg / 2

Banana, maple syrup, Kines peanut butter,
bacon & cheese / 16

DRINKS

Chai / 4.5
(available on ice)

House Made Cascara Ice Tea / 6

Juice / 6
apple, cucumber, broccoli, mint,
lemon & ginger

Rockies lemonade / 4.5

Milo / 4

Baby Milo / 3

Hot chocolate / 4.5

Tea / 3
english breakfast
earl grey
sencha
jasmine pearls
mint